



*Working Together Toward a Resilient Erie County, PA*

# ANNUAL IMPACT REPORT



# LOCAL IMPACT

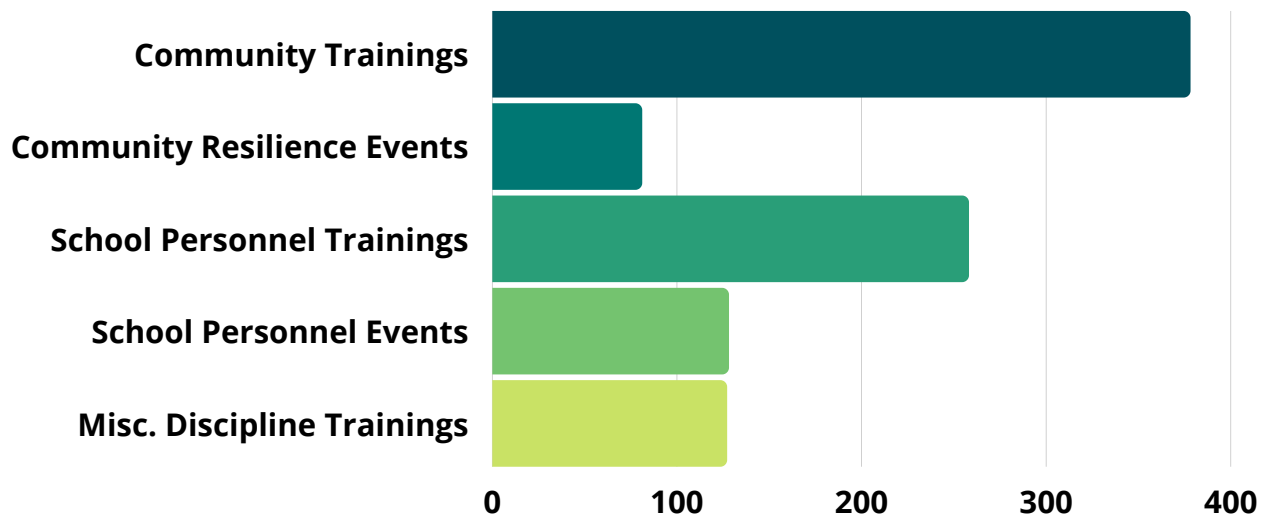
*ECTIC exists to create a bridge to healing by building a supportive, connected community dedicated to enhancing resiliency and reducing the impact of trauma.*

The Coalition volunteers and Executive Committee members persevered through the trials of the year to provide free and virtually adapted capacity building opportunities for all interested community members.

Prior to the restrictions and mitigation efforts put into place for the pandemic, ECTIC was able to host five in person events for 207 educators, parents and caregivers, and concerned community members.

Overall, this year's local ECTIC sponsored opportunities ranged from trauma awareness and community building events to professional development trainings for nearly 1,000 individuals.

## NUMBER OF INDIVIDUALS ENGAGED BY COALITION INITIATIVE





# COVID-19 & SOCIAL JUSTICE RESPONSE

## TRAUMA, CIVIC UNREST, & THE PANDEMIC

The COVID-19 pandemic upended "normal" life for many and created opportunities for sustained emotional distress and fear, which can compound existing trauma and even cause it in others. 2020 also shed light on another virus plaguing our world, racism. Racism and hate in all its forms has contributed to oppression, despair, and inequities for far too long. ECTIC believes that if we were not addressing racism, we were not addressing all forms of trauma. As a coalition, we affirmed our commitment to the pursuit of racial justice.

## RESOURCE DEVELOPMENT

ECTIC developed an online [COVID-19 Resource](#) platform and support groups were facilitated for school districts for parents coping with the stressors of at home learning and caregiving.

Members contributed to regular local blog and [social media posts](#) sharing support and strategies for coping during COVID-19 and social unrest. An annual newsletter was also created with numerous locally developed resources.

Several Executive Committee members were also featured on the Joel Natalie Radio show, TalkErie, to share about the impact of the pandemic on children and families as well as ways to build resilience.



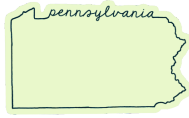
**170 trained**  
ECTIC partnered with a facilitator to provide free diversity and implicit bias training for community members

## ADAPTING TO THE NEED

All ECTIC trainings were modified for virtual learning.

In response to the overwhelming request for training on self-care during a pandemic and civic unrest, ECTIC members created development opportunities aimed at exploring the importance of self-care as well as practical tips and strategies to hone personal and community resilience.

Requests continue to mount for essential worker wellness and self-care in hospitals, long-term care facilities, and schools.



# STATE IMPACT

ECTIC continued to support Commonwealth efforts to become a Trauma-Informed PA. **An additional 770+ local and state-wide individuals virtually attended the 7th Annual Trauma-Informed & Resilient Communities Conference** aimed at honing resilience to bounce back beyond a pandemic. ECTIC members helped to plan, present, and facilitate the conference in collaboration with Erie and Crawford County DHS, Erie System of Care, and Peace4Crawford.



**Bouncing Forward**  
REVITALIZING COMMUNITIES BEYOND A PANDEMIC



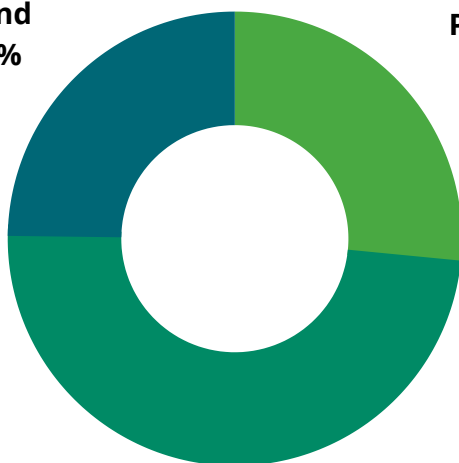
**Pennsylvania**  
Trauma-Informed  
Network

ECTIC is proud to have Coalition Co-Chair, Steve Minick, as a member of Governor Wolf's Trauma Informed PA Leadership Team. This team, otherwise known as HEAL PA (Healing, Empowerment, Advocacy, Learning, Prevention, Action) will set short and long term goals with recommendations that serve as a guide for the action teams in achieving the Plan's six key priorities. ECTIC will seek additional representation, support the state Plan and align its strategic efforts to create a culture of hope and safety in our Erie community. Read more about the Trauma Informed PA Plan [here](#).

## FUNDING

In-Kind  
24.8%

PCCD Grant  
26.5%



SOC Sponsorship  
48.7%

ECTIC was awarded \$27,500 in sponsorship from Erie System of Care (SOC) to fund a neighborhood response team, develop coalition materials, enhance technology resources, conduct local research, and participate in the National Creating Trauma Sensitive Schools Conference.

Family Services of NWPA was awarded a \$15K PA Commission on Crime and Delinquency (PCCD) grant in collaboration with ECTIC to fund the development of an [informational video](#) about trauma and resilience.

**\$56,517** locally  
invested

Other Coalition personnel resources, supplies, and funds were contributed in-kind by partner organizations throughout the year.

# CAPACITY BUILDING

## INFRASTRUCTURE



In October, through generous in-kind support from an Executive Committee organization, the Coalition brought on a part-time Coordinator to support the alignment of existing resources with current community needs.

## 2021 PRIORITIES

1. Complete 2021-2024 Coalition Strategic Plan
2. Raise General Public Awareness about Trauma
3. Provide Free Trauma-Informed Education Opportunities across Erie County
4. Expand Coalition's Internal and External Diversity, Equity, and Inclusion Efforts

## STRATEGY

Past Coalition efforts have been driven by priorities gathered from community meetings and stakeholder surveys. As the coalition expands and regional trauma needs increase, the Executive Committee recognized the need for a comprehensive strategic plan. ECTIC has partnered with a local grant writer to seek support in securing resources to fund the development of a 3-year strategic plan.

## SUSTAINABILITY

The lead trainer and training development responsibilities have been assumed through the coalition's partnership with Penn State Behrend Susan Hirt Hagen CORE. Two team members completed the SAMHSA train-the-trainer course for Trauma Informed Law Enforcement. The team at CORE has also purchased and is currently building an online training platform for future use.

ECTIC sponsored 10 individuals representing four local school districts, one higher education institution, the Tri-County Intermediate Unit #5, and the Highmark Caring Place to attend the 3rd Annual Creating Trauma Sensitive Schools Conference in Atlanta, GA in February. Attendees participated in local learning cooperative discussions to share resources and strategies gained from the conference.



# GOVERNANCE

The Coalition is the result of a local grassroots movement to create synergy across person-serving systems and leverage the collective impact of dedicated and compassionate community members.

ECTIC was co-founded and is co-led by Family Services of NWPA and the Achievement Center of LECOM Health. Additionally, the Booker T. Washington Center, Martin Luther King Center and Sarah A. Reed Children's Center helped launch ECTIC and were among the original Steering Committee Organizations.

Currently, the Executive Committee facilitates the community driven coalition priorities and action plan. Coalition Governance includes the founding organizations, steering committee organizations, workgroup chair organizations and concerned community members.

**THANK YOU TO THE EXECUTIVE COMMITTEE PARTNER ORGANIZATIONS AND VOLUNTEERS FOR GENEROUSLY SUPPORTING THE MISSION & VISION OF ECTIC**

